

## Episode 12 - Breaking Soil Show Notes

REMEMBER TO CTRL + SHIFT + V TO PASTE CONTENT IN HERE TO PRESERVE THE FORMAT.  
OR RIGHT CLICK AND SELECT "PASTE WITHOUT FORMATTING"

### **BANNED WORDS AND PHRASES!!!**

- So
- Um, uh, hmm
- Wow
- In my opinion
- And uh
- Interesting, That's interesting, it's going to be interesting
- Ya know, you know
- Did you hear about...
- A lot is happening

### **INTRO**

- **SHOVELS:** It's October 19th , episode 12. This is a Father and Son Podcast where we attempt to dig into the **News, Pop Culture and Sports**. We're not going to go into great detail and we have no idea what we're talking about. This is our weekly excuse to hang out and just BS.
- [PICK response] If you're already a listener of the show we want to thank you for your support. If you're not a regular listener our podcast can be found on Spotify, Apple Podcasts, iHeartRadio, Amazon Music and you can always plug the RSS feed into any podcast app. We'd love to hear from you! We can be contacted on Twitter/X, our account is @BreakingSoil or drop us an email our address is [bs@breakingsoil.com](mailto:bs@breakingsoil.com).
- **Crack the top**

### **SHOVEL STORIES**

- **In Boston enjoying the weather and city. This is our Indian summer, I ate one of the best burritos ever at Viva Burrito. Also visited the Boston Aquarium. Thinking about going deep sea fishing. Beautiful city. We now what's coming. People are great here and want to give a shout out to Roberto are Uber driver.**

## PICK STORIES

- 1st story goes here

# NEWS

## GLOBAL

## SHOVEL STORIES

- 1st story goes here

## PICK STORIES

- [CLIP] The house fly's brain has been fully mapped. The process is expected to continue to be perfected while it maps more and more advanced animal brains eventually leading to mapping of the human brain.
- Muslim segregation in India
  - There was a 2020 riot which injured 200 and kill 53 people mostly all muslim. A Narendra Modi law was introduced to that made it easier for non-muslims to gain citizenship.
    - This discriminatory law caused protest to break out. Modi's political party, the BJP, had leaders speaking out against the protesters calling for violence against them.
  - There are about 1.4 billion people in India 14% of them are muslim
  - This situation has created a scenario where muslim congregate together in specific areas. The idea is strength in numbers. There is fear another riot or other violence against muslim could break out.
  - This is also causing certain area's, especially in Delhi, to experience overcrowding
    - <https://www.reuters.com/world/india/modis-delhi-indian-muslims-segregate-2024-10-18/>
- Ethiopia aid diverted to markets and mills
  - 7K tons of wheat was stolen. Instead of heading to the camp where the starving people were located the truck was diverted to other places where it could be processed and sold. The United States Agency for International Development (USAID) has since suspended food distribution to Ethiopia. That suspension has lasted 5 months and there hasn't been an update to the situation or people prosecuted for the crime yet.
    - What is the organization USAID? A US government agency that provides international assistance to countries around the world.

- USAID's mission is to promote democratic societies, end extreme poverty, and advance US security and prosperity
      - <https://www.reuters.com/investigates/special-report/famine-aid-ethiopia/>
- Israel update
  - The allowing of aid situation into Gaza. United States gives Israel an ultimatum on allowing aid into Gaza. After the US applied this pressure to Israel some aid was allowed into the starving camps.
  - [CLIP] Yahya Sinwar a Hamas leader and one of the masterminds of Oct 7th massacre is dead from an Israeli tank attack
    - Found with vest, gun and 40K Shekels.
    - Dubbed “the face of evil” and “the butcher of Khan Younis”
- Ukraine/Russia update
  - Zelensky reveals “Victory Plan”
    - Main idea is to continue to hold and advance into Russian Kursk territory and leveraging it in a negotiation to get back some of its lost territory for example to Donbas region of Ukraine
  - New round of aid sent to Ukraine 400M
  - [CLIP]The National Intelligence Service (NIS) is the main South Korean intelligence service and is reporting that North Korea is sending 10-12K soldiers to fight in the Ukraine war on behalf of Russia
    - They will be wearing Russian uniforms carrying Russian IDs
    - Part of this force will contain 1500 NK special forces
    - North Korea has already been found to have been supplying weapons and ammunition to Russia.
    - <https://www.bbc.com/news/articles/c3vkqwe9wwdo>
    - <https://www.youtube.com/watch?v=uBgxLv89YRo>
- Nigeria tanker explosion
  - People were trying to collect the oil/gasoline when the tanker exploded.
  - Apparently tanker explosions occur often in Nigeria because they don't uphold or follow international standards and guidelines on how to store and transport it.
- French and Italian police catch gang selling fake “vintage” wine
  - Bottles going for \$16K
  - Police found counterfeit labels and capping machines in seizure and around 100K in cash

- They sold about 2M worth of wine before they were caught
- <https://www.cnn.com/2024/10/16/travel/wine-fraud-ring-europe-scli-in tl/index.html>
- Italy makes foreign baby surrogacy illegal
  - It's already illegal in Italy to have someone else carry a baby for you. Now it's illegal to search for an option in another country. If caught violators face 2 years in jail and 1M fine.
  - <https://www.nbcnews.com/nbc-out/out-news/italy-makes-illegal-seek-surrogacy-abroad-rcna175758>

## US

### SHOVEL STORIES

- 1st story goes here

### PICK STORIES

- Election update
  - [CLIP] Kamala plagiarism.
    - In her book, which apparently seems to have had a ghost writer, has a lot of plagiarism in it.
  - [CLIP] Kamala goes on fox with Bret Baier
    - Each side says she both did good in the interview and looked bad.
    - It was a very tense interview with some heated moments. The right side says she really didn't answer the questions. She was always trying to go into her pre-defined talking points.
    - The left says she didn't let Bret bully her, she pushed back. Left also says she answered the question about her presidency just being a continuation of Joe Biden's presidency very well. Saying she will bring her own life experience into the job just as any president does.
  - Rachael Maddow says Trump tried to pay Stormy Daniels again to stay quiet during election.
  - [CLIP] Trump is being called out by the left and Kamala camp about his comments regarding using the National Guard and military to deal with the "enemy within." This regarding a question about how he'd handle a potential situation when/if civil unrest breaks out due to election outcome. Trump stated his supporters won't be a problem and that the problem would come from the democratic side of the fence.

- “the bigger problem is the enemy from within, not even the people that have come in and destroyed our country.”
  - [CLIP] Al E. Smith Memorial Foundation Dinner — a storied white-tie affair benefiting Catholic charities. This is a fancy “white tie” event which is more formal than a “black tie” event. Traditionally the presidential candidates from both parties show up at this event and make fun of each other in light jest. They also traditionally make jokes about themselves with self-deprecating humor. Kamala decides not to show. By 1960 this dinner became a “ritual of American Politics”.
- NASA moves on from Boeing Starliner project
- [CLIP] FBI crime data shows crime actually has risen under Biden presidency. Trump was fact checked in the debate on this topic by David Mur. Turns out Trump was right about crime being up.
  - <https://www.youtube.com/watch?v=Z-yqWytgazw>
- US mountain volcano experiencing high number of earthquakes, signs of potential volcanic eruption
- [CLIP] San Jose trans girl volleyball player
  - Girls on the San Jose team didnt even know the player was trans at first. They said they were sharing a hotel with this player not knowing the individual was trans.
- STORIES WE DIDNT GET TO LAST TIME
  - Robert F. Kennedy’s wife Ethel Kennedy dies RFK Jr’s mom at 96. Suffered a stroke.
    - Husband shot right after california primary where he won and seemed to be headed to democratic presidential nominee. She was 40 when this happened and never remarried.
    - Rumor is that she had a period where she suffered from alcoholism
      - Had a lot of tragedy in her life. Her parents died in a plane crash.
  - [CLIP] Tesla unveils its Cybercab and Robovan. The Cybercab is a self-driving car with no steering wheel and no peddles. The Robovan is a funny looking vehicle that can seat 20 people. They’re supposed to be coming out in a couple of years.
  - Boeing is firing 17k after strike continues
  - Tik Tok sued by 13 states and DC for harming younger users

## POP CULTURE

### SHOVEL STORIES

- **1st story goes here**

## **PICK STORIES**

- **Liam Payne dies in Buenos Aires Brazil falling off of the Casa Surr hotel balcony, age 31**
  - **Who is he?**
    - **He was a member of the boy band One Direction**
    - **Started a career on his own**
  - **His entire room was “in complete disarray**
  - **He was intoxicated from alcohol and Klonopin (clonazepam).**
- **This year’s top halloween costumes**
  - **Wicked costumes Glinda and Elphaba**
  - **Beyonce’s Cowboy Carter cowgirl. Her outfit on the cover her latest album.**
  - **Saltburn costume Oliver and Felix at the A Midsummer Night’s Dream party.**
  - **Moo Deng costume**
    - **A baby pygmy hippo in Thailand who went viral**
  - **Chappell Roan costume: Pink Pony Club**
    - **She’s a new popular musician. Her album “The Rise and Fall of a Midwest Princess” came out in 2023 but she only became mainstream this year.**
  - **Bridgerton costumes**
    - **What is Bridgerton? Described as a historical romance tv show. It’s very old fashioned and about a country’s royalty. The series is set during the early 1800s in an alternative London Regency era.**
  - **Dunkin’**
    - **The Ben Affleck, Matt Damon, and Tom Brady Super Bowl commercial for Dunkin’ Donuts**
  - **Caitlin Clark**
  - **Anxiety and Embarrassment from Inside Out 2**
    - **New characters in the Disney Pixar sequel**
  - **Beetlejuice**
    - **Beetlejuice Beetlejuice the sequel just came out the costume is relevant again**
  - **Deadpool and Wolverine**
  - **Travis Kelce and Taylor Swift**
  - **Paul Atreides from Dune**
  - **Alan Cummings from The Traitors**

- Luffy from One Piece
  - A weird movie based on an anime series. Basically a friendly kid pirate.
- Harlie Quinn
  - New movie with lady gaga is out where she plays harley quinn. Joker 2.
- Mabel Mora from Only Murders in the Building
  - Selena gomez' character has a very specific style
- John Dutton from Yellowstone
- Barbie and Ken
  - Margot robbie and ryan goslings characters are very memorable from that movie
- What to watch
  - Top TV
    - <https://www.nielsen.com/data-center/top-ten/#television>
  - Top TV, Movies by streaming network
    - <https://www.hollywoodreporter.com/h/charts/>
  - Maybe try and pick a tv show to watch together
- How to cover music here?

## RANDOM ACTS OF KINDNESS

### SHOVEL STORIES

- 1st story goes here

### PICK STORIES

- [CLIP] PICK'S RANDOM ACT OF KINDNESS DEXTER THE DOG
  - This dog got hit by a car and lost one leg and the other front leg is barely usable. He was fitted with a wheelchair device which he later discarded in favor of walking on his hind legs like a human. He has become a local and national celebrity demonstrating resilience and encouraging other people who are facing adversity to push forward. The owner receives piles of letters and other correspondence of how the dogs story has touched their lives many whom have or are dealing with an accident, disease or sickness. The owner is very active and good about bringing the dog into the community for people to visit and bear witness to the animals commitment to surviving and thriving.

# WHERE CAN I HELP?

## SHOVEL STORIES

- 1st story goes here

## PICK STORIES

- October is breast cancer awareness month. Where can I help in the breast cancer arena?
  - Donate to charities
    - Charity Navigator
      - What is it? A free, independent organization that evaluates charities and helps donors find reputable nonprofits. They use a overall percentage grading system.
      - <https://www.charitynavigator.org/discover-charities/best-charities/breast-cancer/>
    - Charity Watch
      - What is it? A nonprofit organization that rates and evaluates charities to help donors make informed decisions. They use an alphabet grading system. They also provide a percentage of how much of the donated funds go directly to the program.
      - <https://www.charitywatch.org/charity-donating-articles/top-rated-breast-cancer-charities>
        - Breast Cancer Research Foundation (99%)(A): a non-profit organization that funds research to find a cure for breast cancer. BCRF is the world's largest private funder of breast cancer research. In 2024-2025, BCRF will award \$70.3 million in grants to over 260 scientists.
          - <https://www.bcrf.org/>
        - National Breast Cancer Foundation (NBCF) (99%): Offers free mammograms, education, and support. NBCF allocates around 80% of its funds to programs and services. NBCF also accepts cryptocurrency donations
          - <https://www.nationalbreastcancer.org/>
        - CancerCare (99%) (A+): services include resource navigation, counseling and support groups over the phone, online and in-person, educational workshops, publications and financial and



- co-payment assistance. All CancerCare services are provided by master's-prepared oncology social workers and world-leading cancer experts.
        - <https://www.cancercare.org/>
    - Young Survivor Coalition (99%): a non-profit organization that supports young adults and their families who are affected by breast cancer
      - <https://youngsurvival.org/>
  - Wearing anything pink colored shows your support for the cause
    - Even wearing one of those pink ribbon pins or a pink wristband
  - Participate in a marathon
    - Breast Cancer Marathon, Jacksonville Florida Jan 31 - Feb 2 2025.
      - <https://breastcancermarathon.com/>
    - Race For Cure (run by Susan G. Komen another breast cancer charity 95% on Charity Navigator)
      - There are a lot of different walk/run races all over the country
      - <https://www.komen.org/how-to-help/attend-events/race-for-the-cure/>
  - Volunteer
    - American Cancer Society: Offers a variety of volunteer opportunities, including Reach To Recovery and ACS CAN Junior Fighter. Reach To Recovery is a program where volunteers offer support and hope to breast cancer patients. ACS CAN Junior Fighter is an activity center for middle school-aged children and their parents to learn about cancer. You can explore volunteer opportunities and sign up on the American Cancer Society website
      - <https://www.cancer.org/involved/volunteer/making-strides.html>
    - SHARE!: Offers telephone support to people affected by breast cancer. Volunteers must be a breast cancer survivor or living with metastatic breast cancer. They must also be available during the day, evening, or weekends.
      - <https://www.sharecancersupport.org/>

## PLAY A GAME

GAME DESCRIPTION: The Shakespeare Game

# THIS WEEK IN HISTORY

## SHOVEL STORIES

- 1st story goes here

## PICK STORIES

- 1867 Oct 18 US Takes possession of Alaska
  - Purchased from Russia for 7.2M after the civil war. William Seward was the main politician who was involved in the sale who was the Secretary of State at that time. This would've been under Andrew Johnson's presidency. Russia thought they might lose Alaska to Great Britain in a war who at the time was still expanding their empire.
- 1931 Oct 17 Al Capone convicted
  - The famous gangster was famously not convicted for his gangster ways but rather for income tax evasion.
- 1995 Oct 16 Million Man March in Washington DC
  - <https://www.youtube.com/watch?v=0EBQ0taYXtQ>
- 1989 Oct 15 Wayne Gretzky breaks NHL scoring record
- 

# BY THE NUMBERS

## PICK STORIES

- [CLIP] Pharmacies are closing
  - Walgreens is closing 1200 stores
  - CVS is reducing the number of employees they are currently staffing and closing 900 stores.
  - Rite Aid filed bankruptcy last year.
- [CLIP] Netflix better than expected numbers and subscribers.
  - Netflix reports a quarterly profit of 2.9B beating expectations. Netflix reported they expect their total profit for next year to be between 43-44B. That would be a 12% increase.
  - Wall Street is predicting that their subscription price will go up soon.
  - Netflix is expected to reach 300M total subscribers soon.
  - Subscriptions were expected to go up 4M this quarter but they reached 5M. This is largely due to their heavy enforcement of password sharing. They're cracking down on people sharing their Netflix accounts with each other.

- **Commodities** – <https://tradingeconomics.com/commodities>
  - **Energy**
    - **Natural Gas down big this week 14% while oil and gasoline down 8 and 6% respectively.**
  - **Metals**
    - **Silver leads the way up almost 7%, 9% for the month, while platinum and gold hover around 2%.**
    - **Lithium slides 5%**
  - **Agriculture**
    - **Not much to say in regards of positive. Some items like coffee and cheese slightly up 1%**
    - **As far as what is down this week, wheat and cocoa both go down 4%. Also soybeans and corn are down slightly. Although cocoa is down for the week and month it is up 77% for the year.**
  - **Livestock**
    - **Eggs up big this week around 5.5% still down 25% for the month.**
    - **Beef up 1.5% this week and 16% for the month.**
  - **Electricity**
    - **Spain sees a surge in electricity prices up 42% this week. Down everywhere in Europe except in Italy which saw an 11% increase.**
    - **European electricity prices going down is because of increase in wind production**
  - **Crypto**
    - **Bitcoin up 8% to 68189**
    - **Etherium up 6% 2644**
    - **Litecoin up 13% 75**
    - **Highlight an not well known crypto currency**
      - **Ripple up almost 1% .544**
        - **Ripple found donates 1M in Ripple to Harris campaign**
        - **Ripple makes money by providing cross-border payment and crypto liquidity services to businesses. One of the first of its kind, Ripple operates in the blockchain and cryptocurrency financial services industry.**
        - **Their transactions are cheaper to execute and designed for day-to-day transactions**

# SPORTS

## SHOVEL STORIES

- [1st story goes here](#)

## PICK STORIES

- EPL
  - (7-8 goes down) Newcastle v (6-5 goes up) Brighton Oct 19 10am 3-3-2
    - Newcastle dominates first half in time of possession and shots but one fast break creates an opportunity for Brighton and they capitalize making it 0-1 going into the second half.
    - Second half more of the same newcastle dominates but could not capitalize on any of their many chances.
      - The time of possession was 60-40
  - (9-7 goes up) Tottenham v (12-15 goes down barely outside relegation) West Ham Oct 19 7:30am 4-1-3
    - Tottenham goes down 0-1 at halftime then have a second have explosion winning 4-1
    - Tottenham leads possession in this game again with 58% of the time.
    - Tottenham leads in shots too with 22-11
    - West Ham have played in the Premier League for a total of 25 seasons, they have been relegated twice, in 2002-03 and 2010-11, and promoted to the Premier League three times, in 1993, 2005 and 2012.
- NCAA
  - MUST WATCH GAMES
    - (5) Georgia v (1) Texas
    - (7) Alabama v (11) Tennessee
  - FUN GAMES
    - (2) Oregon v Purdue
    - Nebraska v (16) Indiana
    -
  - Week 7 Rankings
    - 1 Texas(56) 6-0 1544 -
    - 2 Oregon(6) 6-0 1493 1
    - 3 Penn State 6-0 1380 1
    - 4 Ohio State 5-1 1357 2 ↓
    - 5 Georgia 5-1 1300 -

■ 6	Miami	6-0	1232	-	
■ 7	Alabama	5-1	1127	-	
■ 8	LSU	5-1	994	5	
■ 9	Iowa State	6-0	982	2	
■ 10	Clemson	5-1	980	-	
■ 11	Tennessee	5-1	959	3	↓
■ 12	Notre Dame	5-1	914	1	↓
■ 13	BYU	6-0	889	1	
■ 14	Texas A&M	5-1	744	1	
■ 15	Boise State	5-1	597	2	
■ 16	Indiana	6-0	580	2	
■ 17	Kansas St	5-1	567	1	
■ 18	Ole Miss	5-2	511	9	↓
■ 19	Missouri	5-1	409	2	
■ 20	Pittsburgh	6-0	397	2	
■ 21	SMU	5-1	260	4	
■ 22	Illinois	5-1	249	1	
■ 23	Army	6-0	137	NR	
■ 24	Michigan	4-2	133	-	
■ 25	Navy	5-0	84	NR	
■					

- **NFL**

- **MISC NEWS**

- Amari Cooper traded to Bills
- NFL Sunday Ticket streaming rights have changed
  - YouTube owns commercial rights
  - Commercial rights for bars and restaurants are owned by EverPass. They have allowed DirecTV to continue to operate but the pricing is done by EverPass. DirecTV is now losing customers.
    - 100 person bar \$1100
    - 10001 person bar 300K
      - <https://www.nbcnews.com/sports/nfl/bars-restaurants-are-shedding-sunday-ticket-subscriptions-rcna175915>
- Malik Nabers clears concussion protocol

- **Thursday night football Broncos (4-3) v Saints (2-5) 33-10**

- Javonte Williams scores twice, 14 for 85yds
- Nix has big night rushing 10 for 75yds
  - His throwing still a little light here 16/24 164yds

- No receivers over 50yds
  - 9 offensive players down, out or doubtful
    - Chris Olave out from a concussion
    - Rashid shaheed undergoing season ending meniscus surgery
- Sunday & Monday Games
  - Patriots(shovel) (1-5) v Jaguars(pick) (1-5) Sun Oct 20 9:30am
  - Lions(pick, shovel) (4-1) v Vikings (5-0) Sun Oct 20 1pm
  - Game of the week alert
  - Titans (1-4) v Bills(pick, shovel) (3-2) Sun Oct 20 1pm
  - Dolphins (2-3) v Colts(pick,shovel) (3-3) Sun Oct 20 1pm
  - Seahawks (3-3) v Falcons(pick, shovel) (4-2) Sun Oct 20 1pm
  - Texans(pick, shovel) (5-1) v Packers (4-2) Sun Oct 20 1pm
  - Game of the week alert
  - Bengals(pick, shovel) (2-4) v Browns (1-5) Sun Oct 20 1pm
  - Eagles(pick) (3-2) v Giants(shovel) (2-4) Sun Oct 20 1pm
  - Raiders(shovel) (2-4) v Rams(pick) (1-4) Sun Oct 20 4:05pm
  - Panthers (1-5) v Commanders(pick, shovel) (4-2) Sun Oct 20 4:05pm
  - Chiefs (5-0) v 49ers(pick, shovel) (3-3) Sun Oct 20 4:24pm
  - Game of the week alert
  - Jets(pick, shovel) (2-3) v Steelers (4-2) Sun Oct 20 8:20pm
  - Ravens(pick, shovel) (4-2) v Buccaneers (4-2) Mon Oct 21 8:15pm
  - Game of the week alert
  - Chargers() (3-2) v Cardinals(pick and shovel) (2-4) Mon Oct 21 9pm
- NHL
  - Bruins currently in 2nd pace in the Atlantic division with 3-2-0 and 6pts.
    - David Pastrnak leads the team in goals and points with 4 goals and 1 assist
    - Brad Marchand has yet to score a goal
    - This weeks games
      - We already covered this game but they lose to Florida again 4-3 at home
      - Bruins played the Colorado Avalanche and gets a solid win here 5-3 with Korpisalo in net in Colorado.
      - This week's games coming up.
        - Bruins @ Utah Oct 19 9pm

- Bruins @ Predators Oct 22 8:45pm
  - Stars @ Bruins Oct 24 7pm
  - Maple Leafs @ Bruins Oct 26 7pm
- Standings Leaders
  - EASTERN CONFERENCE
    - Atlantic
      - Florida Panthers 3-2-1(overtime loss) 7pts
    - Metropolitan
      - New Jersey Devils 5-2-0
  - WESTERN CONFERENCE
    - Central
      - Winnipeg Jets 4-0-0 8pts
      - Dallas Stars 4-1-0 8 pts
    - Pacific
      - Calgary Flames 4-0-0 8pts
- NBA
  - NBA quicks off this week
    - Boston Schedule
      - NY Knicks @ Boston Celtics Oct 22 7:30pm
      - Celtics @ Washington Wizards Oct 24 7pm
      - Celtics @ Detroit Pistons Oct 26 7pm
    - LA Lakers Schedule
      - Minnesota Timberwolves @ LA Lakers Oct 22 10pm
      - Phoenix Suns @ Lakers Oct 25 10pm
      - Sacramento Kings @ Lakers Oct 26 10:30pm
    - Brooklyn Schedule
      - Brooklyn Nets @ Atlanta Hawks Oct 23 7:30pm.
      - Nets @ Orlando Magic Oct 25 7pm
  - General NBA News
    - Kawhi Leonard out indefinitely to start season right knee inflammation
    - Dalton Knecht for the LA Lakers is looking good he was the 17th pick in 2024 draft. He will likely see minutes this season. He can shoot the 3 apparently. Been shining in the preseasons game even scoring 35 in their last one
    - Isaiah Hartenstein for the Oklahoma Thunder is out for at least 5-6 weeks with a left hand fracture
    - NY Knicks player Tyler Kolek is another rookie who is looking good. He plays point guard and would be a Jalen Brunson replacement when Jalen is catching his breath on the bench.

- Lonzo Ball hasnt seen NBA action for 1000 days due to required knee surgeries. Now playing for the chicago bulls he looks like he will be a good player for them this year.
- Philadelphia is having injury woes too with Paul George going down in a preseason game but looks like he will be read sometime close to the beginning of the season. Embiid is suffering fro knee issues and will wear knee brace for games. He will also not be playing games where they played the night before.
  - <https://bleacherreport.com/articles/10139783-biggest-winners-and-losers-from-2024-nba-preseason-so-far>
- **MLB**
  - American League
    - ALCS (NYY 3-1 CG)
      - (2) CG v (1) NYY Oct 21 5:08pm
  - National League
    - NLCS (LAD 3-2 NYM)
      - (6) NYM v (1) LAD Oct 20 8:08pm

## SUGGESTED SHOW TITLES

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